

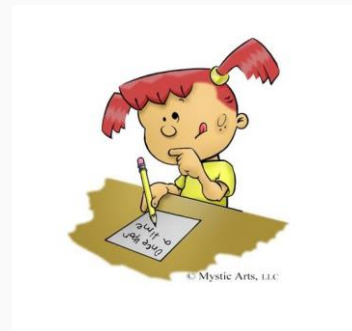
# *Skyline News Note*



**November 2021**

**We love hearing from you  
especially if you have shut down your  
Facebook account!**

Please send Shayne an email at  
[shayne@sprintmail.com](mailto:shayne@sprintmail.com)



**Save the date - December 13, 2021 at  
1:00 pm Pacific Standard Time**



## This Month's Mail Bag



**Marlen Edelmann Jacobs** with  
Great grandson Sawyer, aged one.



I had two possible headlines for this story: one was

“Classmate ‘Abducted’” and the other was “Kaiser Authorizes Bondage”. Both headlines refer to the pictured object, with which I was sent home from Kaiser when I dislocated my artificial hip 2 months ago. You are supposed to lie on your back in bed at night with this between your legs. Then you wrap two of the Velcro strips around your thighs and two around your ankles.



The “Classmate Abducted” headline refers to the name of the object: “An Abductor.” The “Kaiser Authorizes Bondage” refers to the fact that once you are tied up in this device the only way to get out is by bending to reach your ankles, which



Mike and **Cathi (Trebotich)**  
Beaubien celebrate 21 years!



**Gay Parker & The Lennon**  
Sisters all performed with John Gary  
on TV---and most of them are still  
going strong!

is what dislocated my hip in the first place. So either way you are stuck. I call it "Velcro Bondage" Kaiser's assumption is you live with someone who can tie you up and untie you. Which still sounds pretty kinky to me. So if you are alone, you just don't do the ankles, which makes the device less effective.

I could not figure out what the purpose of the device was, other than to force me to sleep on my back. To start with, what is an abductor muscle? When I am in the gym doing abductor/adductor machine, I used never to remember which is which. I do now; the abductor pulls the legs apart

I was going to meet a doctor on a blind date, so I asked him what the device was used for. He said the device puts the ball joint of the thighs into the best position in the socket for preventing another dislocation. The toes are pointing up so the leg isn't rotated out. Only about half the ball joint fits into the socket so your leg isn't attached as well as you might hope.

His answer about the device went a



With sadness we note the passing of **Donna Knobbe** Goeppert on October 23, 2021. She was born on September 16, 1946 and suffered a heart attack at her assisted living in Las Vegas. There is no immediate service.

Editor's Note: I have started using our Skyline website Memorial Page for teachers too. There you will find Des Leonard's obituary and comments from students who remember him. Please feel free to add your comments!

[www.skyline64reunion.com](http://www.skyline64reunion.com)

long way to convince me the man was a doctor ....other than checking him out on the AMA and Yelp and PeopleSearch. For further confirmation, I asked him to diagnose my shoulder problem. He correctly identified it as "acromioclavicular necrosis." What I did not ask him, was his preferences other than Starbucks or Peets. It turned out the subject of ropes came up on the first date. The word "submissive" also came up in the conversation, which would have had my husband laughing uproariously.

So back to me lying on the gurney at Kaiser. I lay on the gurney for 10 hours trying not to move, because it hurt; I had had about 2 hours sleep; partly of the excitement of watching my urine zip around in a plastic tube running over my chest every couples of hours. About the 8th hour I asked for morphine. Finally I was put under general anesthesia and they popped the leg back in. The point of this description is partly to whine, but mostly to point out I was "out of it." .

Because I was "out of it", I am not

**Shoutout to everyone who can still remember their childhood phone number but can't remember the password they created yesterday.**

© I Might Be Funny  
**You are my people.**

From **Diane Green Helman.**  
(Beenie)

The electricity just came back on.

I haven't been away from the house but have updates from neighbors of flooding and trees down.

I'm way up on top of a hill so safe from all that.

I will venture forth tomorrow and check out culverts etc.

I'm in NY to visit my son at Cornell during family weekend.

In one day, visited Whitney and MOMA with a walk in between down 5th Avenue, then the Highline from Hudson Yards (33rd to 11th). It reminded me that what was a cinch 40 years ago was a profile in courage (physical, that is) at 75!

Then, a great dinner with Victor Gong last night. He reminded me

entirely sure what happened when I got home. The transport women plopped me on the bed, tied me up and left. My sister, who has a well-developed sense of humor, says I called her up and said "It is a good thing you are coming over tomorrow, as I can't get untied". I am sure she is kidding. I don't think I was THAT out of it. I'm sure I would have told the transport team to leave the Velcro strips at the ankle untied. Besides I'd pee in the bed if I had to wait all night!"

My sister's version makes the best story, but I think she is "pulling the other leg."

**Mary Wood**



that we hadn't seen each other for over two years. The pandemic has sure transformed our lives.

He was in good spirits and health and sends his best wishes to all our classmates.

Best,

**Bruce Quan**



## 65 Years old is still young!

**H**ow old is old? World Health Organisation (WHO) had declared that 65 years old is still considered young. Before, based on the Friendly Societies Act (1875) in Britain, old was defined by age of 50. The UN has not adopted a standard criterion but lately 60 years old was referred as the border age to the word 'old'. However the health organisation had done a new research recently, according to average health quality and life expectancy and defined a new criterion that divides human age as follows:



- 0 to 17 years old: underage
- 18 to 65 years old: youth or young people
- 66 to 79 years old: middle-aged
- 80 to 99 years old: elderly or senior
- 100+ years old: long-lived elderly



Skyline Senior Center October 29, 2021

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A Tribute by **John Close** and his son

" My Boy, paying his respects to The Boss - USNA Reunion"

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Today, at Mount Vernon, VA, I had lunch with **Dick Johns**. We ate at a restaurant on the grounds of George Washington's Estate, and had an absolutely wonderful time reminiscing and catching up. The last time we had seen each other in person was the night we graduated from Skyline High School in 1964!!! (I believe Washington was still president then. lol!) Here are a couple of pictures of two old geezers who were delighted to see each other.

**Bruce Goddard**

Dick's comment: We had a wonderful time today!

Even visited the horse stables at Ft Belvoir as annexed from the Caisson Platoon of Fort Myer and Arlington Cemetery where all of those famous funerals are performed !

Very impressive soldiers there for sure!

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History of the Painted Rock - submitted by **Stan Lore**

Click on the image for the story - Thanks, Stan!!!







Clockwise

- Cinder cone remnant from the Owens Valley kaboom years ago
- Peaks west of Conway Summit off 395
- View north from Conway Summit off 395
- View west from Conway Summit off 395
- View descending Tioga Pass

The purchase and download of a new iPad zapped 3/4 of my contact info! That's how your recently provided one got lost. Lucked out and coordinated weather, road, fall color and smoke conditions last week to access 2 nice photo areas. This week=fuggedaboutit! Up and down 395 north of the Tioga Road intersection yielded good colors. Didn't have to huff and puff to access them, as they were near highways and dusty back roads.

Not being a Zoom aficionado=no Skyline grad access and the recent Kaspers event was on a bad day for me-some day I'll make a show.

Hoping the vaxx related scene is non-problematical for you-navigating past folks with heads lodged you know where is a challenge-IF ONLY their heads were literally lodged there, at least we'd be protected-sorta a mask substitute?

**Joel Kuechle**

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### **Steven Reingold 1946 – 2021**

Steve Reingold passed away from respiratory and circulatory ailments on September 23, 2021, at the age of 74. He could be visited in his final days at Mercy San Juan Hospital in Carmichael only by family and close friends, as access was limited by Covid 19 restrictions.

Steve was born at Alta Bates Hospital in Berkeley and raised in Oakland California by his parents, Sophelina and Albert Reingold. He is survived by his brother David and his wife Maribel. Steve attended Hillcrest and Rockridge Elementary Schools, Claremont and Montara Junior High Schools, and Skyline High School, graduating in 1964.

He went on to Oakland City College, Merritt Campus, and Chico State College where he graduated with a degree in accounting in 1968.

Steve had a strong work ethic and his jobs included those in the printing, canning, fire log production, and aerospace industries. His longest and most rewarding career was at Aerojet in Sacramento where he worked for more than 30 years, functioning as a production supervisor, buyer, and planner. Steve's great sense of humor and outgoing personality earned him many friends. He enjoyed home ownership and busied himself with numerous home maintenance and improvement projects. Before being limited by peripheral neuropathy, he enjoyed travel, skiing, and boating. Especially memorable were vacations he took to Alaska, Cancun, and Aspen.

The family would like to thank the physicians, nurses, and other staff of the Cardiac Telemetry Unit at Mercy San Juan Hospital for the compassionate and considerate care Steve received in his final months there.

In accordance with Steve's wishes, he was cremated and that there be no funeral. He requested that he be buried with his parents at the Home of Eternity Cemetery on Piedmont Avenue in Oakland. The family plans a celebration of life at some time in the future. Donations to organizations supporting research into Peripheral Neuropathy and its treatment are appreciated.



CHAMPIONS—Members of the hill area Post 638 champion baseball team in the American Legion city league, back row, l to r: Gary Cortopassi, Barry Nelson, Dan Ayala, Dick Street, Greg Aug-

ust; front row, Stan Lore, John Ballinger, Barry Pullman, Tom Wendt. Missing from picture: Doug Kalen, Craig Breschi, Bill Tomlinson, Tim Cummings, Ken Rivard, Glen Fuller, Greg Cabral.

Montclarion July 31, 1963

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Celebrating John's 75th birthday from left to right are **Rodney Burge**, **John Herrera** and **Phil Bateman**. These three came into Skyline via Frick and King Jr. High. John turned 75 in September while Phil and Rodney will get to celebrate in late December.

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Lake Merritt from Adams Point, Oakland, California, 1884

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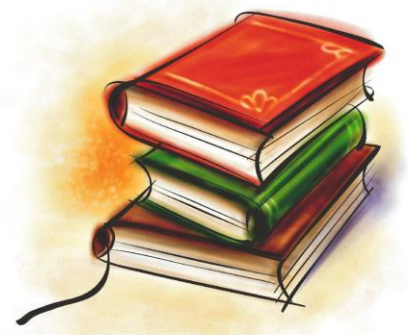
### Author's Corner

We have many authors in our class.  
Let us know if you are one and we will be happy to add you.

[Carol Kay Attia](#) \*New

[Joan Freiburghouse Bannan](#)

[Clyde D. Batavia](#)



[Keith R Brehmer](#)

[Renee Cameto](#)

[Dhyanis \(Diane\) Carniglia](#) \*Just won  
a prize for her book!!

[Shayne Del Cohen](#)

[Merilyn Copland](#)

[Janet Streb Greenwood](#) \*New

[Ann Hitchcock](#)

[Mark Kamena](#)

[Tom La Marre](#)

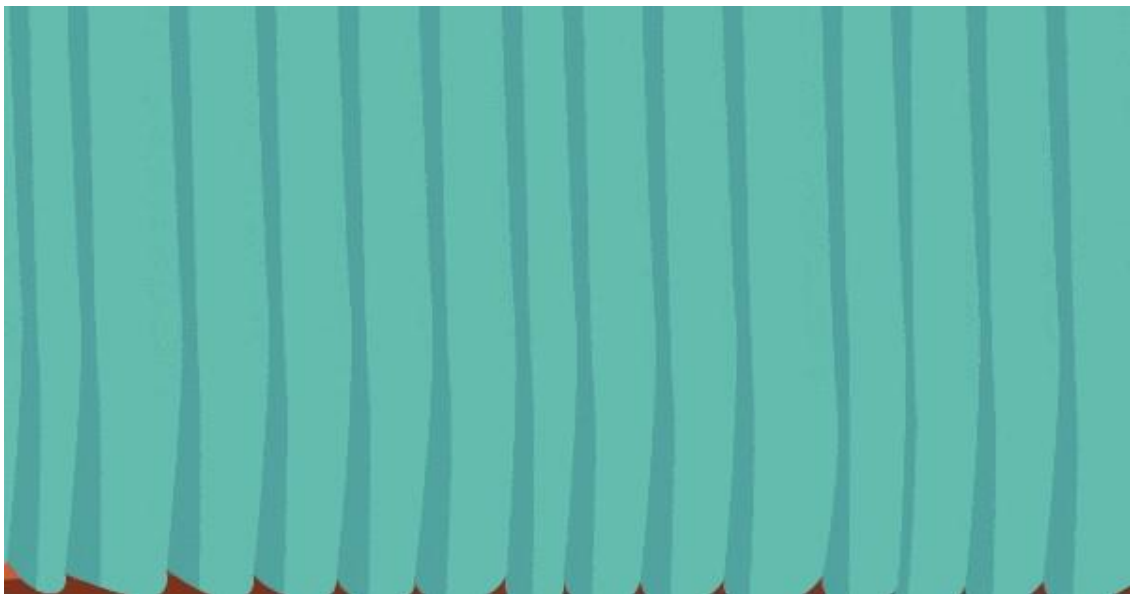
[Bruce Quan](#)

[Nataile Reid](#)

[Dave Siegle](#)

[Kent Willis](#) and his [second book](#)

[Jennifer Foreman de Grassi Williams](#)





## Chabot Science Center Reopening! November 12, 2021

Click on Image for more information!

### ***Sent by Gay Parker***

I thought the dryer made my clothes shrink. Turns out it was the refrigerator.

Camping: where you spend a small fortune to live like a homeless person.

Just once, I want a username and password prompt to say: "close enough."

Being an adult is the dumbest thing I have ever done.

I'm a multi-tasker. I can listen, ignore and forget all at the same time!

At my funeral, take the bouquet from my coffin and throw it into the crowd to see who is next.

Retirement to do list: Wake up. Nailed it!

Went to an antique show and people were bidding on me.

I won't say I'm worn out, but I don't get near the curb on trash day.

I don't have grey hair. I have wisdom highlights.

Sometimes it takes me all day to get nothing done.

I don't trip, I do random gravity checks.

Hold on while I overthink this.

I'd grow my own food if only I could find bacon seeds.

Losing weight doesn't seem to be working for me, so from now I'm going to concentrate on getting taller.

Some people are like clouds, once they disappear it's a beautiful day.

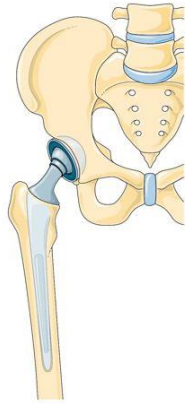
Common sense is not a gift. It's a punishment because you have to deal with everyone who doesn't have it.

PLEASE KEEP YOUR DISTANCE. Nothing to do with virus. I'm just a grouch.

I came. I saw. I forgot what I was doing. Retraced my steps. Got lost on the way

back. Now I have no idea what's going  
on.





Total hip replacement

**Sue (Girton) Glanville**

**Oh My!!!**



— HaPpY  
BiRtHdAY

**November**



**December**

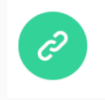
01 Barbara Bowles Holt  
03 Clint Rylee  
    Karen Dodge Wetherbee  
04 Steve Whitgob  
05 Sheila Oxley  
06 Barbara Renouf  
08 Sidney Cummings  
    Joel Kuechle  
10 Barbara Smith Stott  
    Jennifer Foreman Williams  
11 Joetta Christopher  
    Tom Smith  
12 Marlene Siegel Anthony  
13 Carol Vierra Szymkiewicz  
14 Kent Willis  
15 Carlee Wells King  
    Joann Torbutt  
17 Cathi Trebotich Beaubien  
19 Gayle Smith  
20 Ron Wofford  
21 Nancy Klinkner Mulligan  
26 Christopher Perry  
27 Diane Breen Helman  
    Rick Steen  
28 Diane Squaglia Fly  
29 Jeff Prevost  
30 Calvin Brugge

02 Peggy Tisdell Cross  
03 John Lyman  
04 Dennis Bushnell  
07 Dennis Cooney  
    Judy Tonini Rezendes  
09 Susan Buikema  
12 Marsha Standish  
12 Margaret Pachner  
17 Joe Peak  
    Jan Descombes Bassett  
**John Hills (99)**  
**We wish the best on your**  
**99th!!**  
18 Jon Rawitzer  
25 Pete Ramos  
    Valerie Ranche  
26 Linda Conradi  
    Joan Frieburghouse Bannon  
27 Phil Bateman  
    Shirley Donaldson Whipple  
29 Rodney Burge  
30 Sharon Lawrence Tuttle  
    Marylaird Wood

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Have you looked at our Skyline 64 Reunion website recently? Wouldn't it be great if everyone updated their information and added a fresh biography? Need help doing

that? Contact me; I am happy to help! The link to the website is the green button below. [carol@george-carol.com](mailto:carol@george-carol.com)



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