

skyline · new Snote · 7.18

I would love to come to our 55th reunion, so make that two: my husband Armand and I. I am delighted that it is scheduled mid-week, as the likelihood of doing a chuppah set up on a Thursday is remote. (Yes, I am still doing them!) Our wonderful son, Maimone, graduated from U.S.C. in 2000, and while he explored the idea of graduate school, it did not happen. This was fortunate financially, as our first daughter, Miriam, is 3/5 of the way through a Ph.D. at the University of Chicago. Even though she receives both pocket money plus free tuition from the university, our younger daughter, Maya, is midway through an M. A. at C.I.I.S. in San Francisco, where there is no such thing as a free ride.

Have you prices schools lately? When I went to Cal, it was virtually free! How things have changed!! **Carol (Kay) Attia**

Count me in on the 2019 reunion. I may actually be acquiring a flip phone due to AT+T finally offering a rate comparable to my landline, and my number will remain the same and no change, naturally, to my email address. Not easy parting with my Luddite status...

Looks like the Chabot Science Center isn't nearby the trout ponds anymore. **Joel Kuechle**

And from the wilds of Alaska:

I am going to try and make reunion next year. Who knows what we'll be doing and where we will be by then.

Friends and cousins dying monthly. Count ourselves lucky. **Jackie Sorel**

Thanks to those of you who have checked it/rsvp'd to the 55th Reunion notice and sent contact info updates. Still need to hear from more of you! sdc

And I stand so corrected!

Turning 70 doesn't exempt you from jury duty. I see my one of my Facebook notes about jury duty in the newsletter, and I believe there is a misunderstanding. There was another note as well. Shame on you, babe, as an ex-Oracle newspaper editor! So I expect to be called for jury again. I, like Maureen, regard jury duty as well as voting as privileges of citizenship, especially for women, who had to fight for the right. Use it or lose it What changes is that you don't have to provide a doctor's letter for a medical reason. Your excuse is not automatically accepted: it has to be run by someone who grants or denies it. Among other things, I had a temporary muscle pull which required me to get up and down every hour or it seized up in a cramp. Instead of being a pain in the butt, I had one. From overexercising in physical therapy for my replacement knee. I love my new knee....I'd be on a walker without it, but I'd rather lose weight than have another knee replacement. My goal for old age is no longer Wisdom but Thighs of Steel. **Mary Marylaid Wood**

Actually, we are venturing into our 8th decade. We completed 7 decades when we hit 70. Wish I could make the A's game. Probably can't. Surgeries coming up to fix a hernia and my right shoulder. **Stanton Lore**

Actually, the 70s are the eighth decade, the years 1-10 being the first decade ;-/ **Tom Stallard**

At least 20 fans will be attending this event organized by **Tom LaMarre** so expect some pics next month



Kasper Dates for July will be the 9th and 23rd. Our Annual Birthday Bash will be on the 23rd.



Carrie Clinton (Caroline Kausek '63) **reacquaints with Judy Wilhite** (Bret Harte '61).



Roger Sexton and Melissa (Silverman) Willaby in one of those classic K conversations.



Carol Squicci (BH '62 and Skyline HS art teacher) shares her perennial smile with **Howard Allen** and **Don Schnarr**.

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Congratulations to Nancy (Brick) Robinson on her retirement! (pics not available at "press time").



**Joey (Belvedere) Caglieri making bread in Italy: Jess Gibbs in Venice.**



**Joel Kuechle continues to hike and photograph, these latest being of Mt. Hoffman as well as Lake Hoffman**

“These are turquoise colored melt pools that I try to time my to their rare beauty.”

hikes for due



The pink/red is from some salt leaching.



Click to enlarge (they are spectacular.)

“This area is 4-5 miles from where our Scouts camped.”

*“As you move through his change things slightly, you leave marks behind, however small. And in return, life - and travel - leaves marks on you. Most of the time, those marks - on your body or on your heart - beautiful. Often, though, they hurt.”*

*life and this world you*  
*-- Anthony Bourdain*

**So to those of you who have or are suffering the pain of loss of significant persons in your life or the challenge of body parts not cooperating, a hug and hoping that the mark of being Skyline '64 left good marks on you. But if they hurt, you need to revisit by coming to Kaspers/Fenton's/ball games/reunions and meeting people for the first time!!!**



## Birthdays

### July

*“Everyday is a bank account, and time is our currency. No one is rich, no one is poor, we’ve got 24 hours each.” – Christopher Rice*

- 06 Georgina Mew Chew
- 10 Jayne Ross Pike
- 12 Vicki Oding
- 13 Susan Nicholson Wood
- 13 Carol Hansen Hartman
- Shari Bates MacGregor
- 16 Jay Goodrich
- 17 Gary Sommer
- Wolfgang Werner
- 18 Judy Israel Hoeshler
- 20 Cathy Karsh Cobel
- 27 Robert Kelley
- 29 Janice Johnson McIntyre
- George Pappagiannis
- 30 Richard Clarke
- Carol Gorden Gilder
- Denis Powers

**I grew up living  
paycheck to paycheck,  
but through hard work  
and perseverance i  
now live direct deposit  
to direct deposit.**

## August

03 Dick Johns  
Rene Dokos Rores  
Richard Ott  
07 Bruce Quan  
12 Bob Main  
15 Doug Wood  
17 Shayne Del Cohen  
18 Marilyn Hope  
18 Susan Louise  
20 Cathy Freel Bellinghausen  
20 Mike Marcum  
21 Maureen Sarment  
23 Ken McCracken  
25 Bob Falaschi  
26 Janet Streb Greenwood  
27 Donna Jenkins  
28 DeeAna McLemore  
29 Katheen Hender Catanho  
30 Roxanne Vallis  
31 Bob Blesse  
Lynne Beitelspacher Head

<https://www.youtube.com/watch?v=u74ZGYS04w4>

**And, though “old news”, congrats to the Dubs whose final weeks probably caused some blood pressure to rise and some anticipation of mini-strokes and heart attacks.....and ruined manicures.**

**Must say that traveling with a Warriors’ T-shirt on is received a whole bunch better than pulling out a 49ers credit card in the Dallas Airport.....**





### What Are Those Goats Doing?

How many times have you seen goats grazing on hillsides in the Bay Area and wondered why they were there?

One goat's lunch serves as wildfire prevention for the rest of of us. Goats enjoy munching on thick grass and brittle underbrush, and the more they eat, the less fire fuels there are for wildfires to develop and grow. Goats can eat four to ten pounds of vegetation each day, proving to be a very cost-effective part of the

Park District's fire hazard reduction efforts.

The next time you see a herd of goats in the parks, tip your hat to them for helping prevent wildfires, one bite at a time. [Learn More](#)

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### 50 Years of National Trails

2018 marks the 50th anniversary of the National Trails System Act of 1968, which established our country's National Scenic Trails and National Recreation Trails.

You can explore some of these National Trails right here in your Regional Parks! The East Bay Skyline National Trail traverses 31 miles through seven regional parks: Wildcat, Tilden, Sibley, Huckleberry, Redwood, Anthony Chabot and Lake Chabot. The Juan Bautista de Anza National Historic Trail extends 1,210 miles, from Arizona, through Southern and Central California, to the Bay Area. The Delta de Anza



Regional Trail in eastern Contra Costa County commemorates the route of Anza's expedition in Contra Costa County.

Vargas Plateau One Year Later

**A new East Bay Skyline**

National Recreation Trail Brochure is available at [www.ebparks.org/civicax/filebank/blobdload.aspx?t=59373.87&BlobID=30251](http://www.ebparks.org/civicax/filebank/blobdload.aspx?t=59373.87&BlobID=30251).

Engineering and construction giant **Bechtel** will [move its headquarters out of San Francisco](#) and to Virginia. (*Taking a moment to remember Phil*)

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And a lovely piece forwarded by **Jean (Kurz) Quirk**:

<https://www.sfchronicle.com/thetake/article/Oakland-s-sanctuary-A-century-of-Lake-Merritt-13002637.php>

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### **What Is YOUR Legacy? Anon**

We strive to be leaders in our communities and our workplace, but are we placing the same importance on being the leader in our family and to our children, grandchildren, and those closest to us?

Am I doing everything I can to bring out the best in those I love?

How about you? Is there someone in your life that made an undeniable imprint on you? What did they do?

I believe each one of us has a specific calling to make an astounding contribution to the world and I am curious to learn what your contribution is.

Are you living it or are you procrastinating?

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### **BOOMERS' SKILLS, EXPERIENCE ARE TERRIBLE THINGS TO WASTE**

The U.S. unemployment rate is at a historical low. Our businesses are seeking skilled workers, which our higher education system is unable to produce to meet their demand. Some employers are clamoring to increase importation of foreign workers through HB-1 and EB-5 visa programs, which the federal government is attempting to curb. However, the employers seem to be overlooking a huge available pool of talent and experience that exists in our midst right now. This is the pool of baby boomers. <http://erj.reviewjournal.com/ct/uz3688753Biz37442648>

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### **The Real Difference Between Men and Women**

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**Today's delanceyplace.com selection -- from *A Brief History of Everyone Who Ever Lived* by Adam Rutherford.**

Subtle evolutionary changes in humans are occurring continuously:

"Our genomes are where evolution takes place. Our DNA changes over time, every generation. Most of these changes are subtle, many trivial. Some are teasingly interesting. We humans are trichromatic -- we see in three colors. In the back of our eyes we have photoreceptors, highly specialized cells whose purpose is to literally capture the photons of light that flood through our pupils. There are two classes commonly known as rods and cones: The rods are attuned to pick up movement and low lighting conditions, and they sit in the periphery of the retina, which

is why we see indistinct but moving things out of the corners of our eyes. The cones are central, which is why your sharpest color vision is right in front of your eye. If you wave something in a hand far outstretched to your side and look straight ahead, you can see it move, but not what color it is.

"Then there are three types of cone, each further attuned to a specific wavelength of light, which determines what colors we see. Broadly, they are short, medium, and long wave, but roughly correspond to blue, green, and red, though they overlap in their range, and are subtly variable between people. The difference between each of these cones is down to a single protein called an opsin. The photon passes through your clear cornea and the nucleus-free cells of the lens, through the jelly aqueous, then vitreous humors, through three layers of brain cells, nerves, and blood vessels, and into the very back of the eye where the opsins sit bound into the pointy tips of the cones. There, the photons are captured by the opsin molecules, which physically jiggle their shape in response, and that molecular shrug triggers an electrical impulse, which shoots out of the other end of the photoreceptor and through the several layers of nerve cells, which collectively bundle their nerve fibers into the optic nerve, into the visual cortex of the brain, and this is how you see.

"Many mammals have only two cone opsins, and so see color with less acuity than us. Most apes have three, as do the Old World monkeys that are indigenous to Africa and Asia. Cats have many more rods and so see in the dark much better than us, but not color. Certain species in the family of the mantis shrimp have at least sixteen opsins, fine-tuned to see red, blue, and green, as well as polarized light, ultraviolet, and a host of light unseen by us that we can only dream about.

"The mutations that gave rise to three colors in us (and the many in the shrimp), were not initially the single letter changes that make up most genomic change, but large duplications of whole sections of DNA, and subsequent typos. Colors are determined by the wavelength of the light we see, and the gene for the Shortwave opsin is on chromosome 7, whereas the Medium and Long are on the X. This is why men are more prone to color blindness than women: A faulty opsin on one X can be compensated for by a woman's second; men have no such insurance. The duplication of one opsin on the X to two at some point in our primate evolution allowed one of them to mutate freely without a loss of function, and thus we were free to acquire a new color sensitivity. That all hap-pened tens of millions of years ago, long before humans, but some-thing similar might be happening now in us -- in fact, some of half of us. Some women might be tetrachromatic. They, through another random chance duplication, have acquired a fourth opsin on one of their X chromosomes. Around one in eight women are estimated to have this extra gene variant, but whether that bestows tetrachromacy is not yet known. The ones who do have this power see colors where we see monotonies. It's a new area of research, and the condition appears to be rare, and poorly accounted for. A few women have been studied, and they seem to see clear differences in colors that are merely shades to normal trichromats. When examining red-green color blindness, the Ishihara test presents a circle containing circles in different hues. Hidden in plain sight (to those with typical vision) is a number, but due to the design of the shades that pick out the number, it is invisible to color-blind people. The tetrachromat tests also rest on the ability to discriminate distinct hues of green where we only see olive.

"The theories behind why we evolved three-color vision are wide and varied. Many of them suppose that the ability to discriminate the redness of berries in a busy green forest canopy would be of great advantage to our foraging simian ancestors swinging in the trees.

"The advantage of the ability to discriminate four colors is a mystery. While many animals have more than our three, tetrachromacy in humans is likely to be recent and random -- chance plus



time -- but not a mutation that has been negatively selected as it is unlikely to cause any phenotypic problem. It simply is -- another example of our infinite variation. It's not likely to spread far and wide, but who knows? Ask me again in 5,000 years."

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**A Brief History of Everyone Who Ever Lived: The Human Story Retold Through**

**Our Genes** Author: Adam Rutherford Publisher: The Experiment, LLC

Copyright 2016, 2017 by Adam Rutherford Pages: 344-346

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C-SUITE: MATT KERSHAW, CEO, CLARK COUNTY CREDIT UNION

A: I'm currently reading "Influencer" by the authors of the Crucial Conversations (Joseph Grenny, Kerry Patterson, David Maxfield and Ron McMillan). It discusses the new science of leading change. Like many organizations that aim to be leaders in their industry, change is inevitable at the credit union. Learning how to manage change is always a good thing, personally and professionally.

<http://erj.reviewjournal.com/ct/uz3688753Biz37364021>

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**1883** In Oakland, Ca. the city engineer, Anthony Chabot, donated the Chabot Observatory and Science Center to the school district. In 1996 it began a \$51 million, 3-year expansion and move to the Oakland Hills in Joaquin Miller Park at 10902 Skyline Blvd. (SFC, 10/19/96, A15) (SFC, 5/19/98, p.A 20)

There are many reasons that the Reunion Committee is pleased to host the **Skyline '64 Fiftififth Class Reunion** at the Chabot Science Center. The event is **August 1, 2019**, a Thursday evening. Attendees are reminded that for the following Friday, admission to the Center is only \$5. However, if you'd like to check it out before, here is a calendar for immediate events:

**[June 29: Free Weekly Telescope Viewing](#)**

**[July 3: Family Sleep Over](#)**

**[July 6: \\$5 First Friday: Sci-fi theme](#)**

**[July 7: Family Hike](#)**

**[July 21: Slumber with the Stars: A Pirate-Themed Overnight](#)**

**[July 28: 2nd Annual Highly Mixological](#)**



Join us for our 2nd Annual Star Trek adult night, Highly Mixological! This will be an amazing evening of all things Star Trek. Capture a memorable evening dressed in your Star Trek costumes at our photo booth, experiment with Star Trek-themed cocktails or play Spock games and listen to music. Come dressed in your most impressive Star Trek-inspired attire and enter to win our costume contest! Or you could always wear a red shirt. This event is 21+.

*In the meantime, please check in so I know your email is working, provide any change in contact info, indicate if you are thinking of attending the 55th, and don't forget to pen a memory. sdc*

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**From Bob Blesse**

Help Oakland's City Slicker Farms! They do great work for our hometown and I've been supporting them for many years. I thought maybe some of you Skyline '64 classmates would like to help.



[barnraiser.us](http://barnraiser.us) [Help City Slicker Farms Buy a Tractor! Needs Your Support](#)

Share or fund this project to help City Slicker Farms grow #GoodFood &...

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**Trivia Tidbit** If you're my age and listened to the radio, you heard commercial reminding you that Tuesday was Red's Tamale Day. You probably weren't aware that Mayor John Reading was the owner.

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[Karen Freeman https://en.m.wikipedia.org/wiki/Grand\\_Lake\\_Theatre](https://en.m.wikipedia.org/wiki/Grand_Lake_Theatre)



From the Eastbay Times via the Oakland Tribune San Pablo Ave 1958.

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