

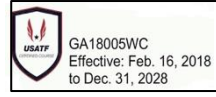
Presented by



# Run 2 End Alzheimer's at the Landings

## 5K • 10K Saturday, April 5, 2025

Landing Pointe Plaza  
402 GA Hwy 247 S Bonaire, GA 31005  
(1.6 miles south of the Museum of Aviation)



**COURSE:** Both 5k and 10k will start and finish at Landing Pointe Plaza. Each course is flat until entering Statham's Landing (SL) subdivision; the 10k uses perimeter roads in SL.

**\*2025 ONLINE REGISTRATION:** Register by March 23 to be guaranteed a shirt, after then, until supplies last!

**Early-Registration: Thru Feb 14**

- Single event \$27 (\$15, 12 & under)
- Both events (1 shirt only) \$40

**Pre-Registration: Feb 15 – April 2**

- Single event \$32 (\$15, 12 & under)
- Both events (1 shirt only) \$45

**\*On Early Packet Pick-Up: April 4 (12:00-4:00pm)**

- Single event \$37 (\$15, 12 & under)
- Both Events (1 shirt only) \$50

\* You can register in person 4 April at "Early Packet Pick-up"; no race day registration!

**Virtual Run: \$35 throughout registration period; for details visit [run2endalz.org](http://run2endalz.org).**

### RACE DAY SCHEDULE

*Packet P/U	7:00 AM
5k Run/Walk	8:00 AM
10k Run	8:30 AM
5k Awards	9:15 AM
10k Awards	10:00 AM

\*Additionally, we will have "Early packet pick up" on April 4 (12:00-4:00pm) at the Landing Pointe Plaza in addition to 7:00AM on Race Day!

### AGE CATEGORIES

≤10	25-29	45-49	65-69
11-14	30-34	50-54	70-74
15-19	35-39	55-59	75-79
20-24	40-44	60-64	80 & up

**TEAM COMPETITION:** The team with the lowest total time for both/all runners.

- 5k or 10k
- Guy/Gal
- Parent/Child (age 12 and under)
- Two Gals
- Two Guys
- 5k Only
- Military (4-Person Team; 1 must be female)

**\*CHALLENGE TEAMS:** 5k and/or 10k or combined

- *Business/Company:* The team w/most participants
- *The Cause:* The team that raises the most funds for Alzheimer's



**Awards:** Individual: Top 3 overall winners (M/F), top 3 in each age group (M/F), Master/Grandmaster, age 40+ M/F (5k: top 3 Masters and top 3 Grandmaster; 10k: top 3 Masters and the top Grandmaster), and top winner (M/F) for both (combined 5k and 10k)

Teams: 1<sup>st</sup> place for each team category

**Macon Tracks members:** \$2 off pre-registration as part of the Macon Tracks OrthoGeorgia Race Series

**More Details:** Visit [www.run2endalz.org](http://www.run2endalz.org) or contact Jimmy Darnell, 478.919.4985, or John Rowlands, 478.319.9228

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State/Zip:** \_\_\_\_\_ **Phone:** (\_\_\_\_) \_\_\_\_\_

**Event:** circle one or both: **5K 10k** **Email:** \_\_\_\_\_

**Emergency Contact Name & Phone:** \_\_\_\_\_

**Shirt Only** (order by 3/23): \$25 includes mailing (provide address): \_\_\_\_\_

**Gender:** M or F **Age** \_\_\_\_\_ (on April 5, 2025)

**Are you on a Team?** YES NO **Team Name:** \_\_\_\_\_

**Team Category** (circle one): P/C Guy/Gal Two Gals Two Guys Military Business/Company The Cause Shirt

**Options** (circle one) - **No Shirt Youth: Medium Men's: S M L XL 2XL 3XL Ladies: (V-Neck) S M L XL 2XL 3XL**

(Ladies shirts are v-neck and sizes run one size smaller than Men's) \*Register by March 23 to be guaranteed a shirt, after that, until supplies last!

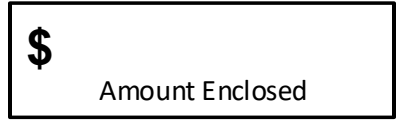
(Note: 2-person team/4-person military team must provide runners' names in addition to team name and be signed-up for the same event)

By execution of this form, I release and discharge the Alzheimer's Association, Houston County, Statham's Landing Homeowners Association, land owners, sponsors, event organizers, and representatives from any known and unknown claims for damages, injuries, losses, illnesses and/or judgment from any cause whatsoever that may be suffered by me. I attest that I am physically fit and prepared for this event, and grant full permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotions for this event now and in the future.

**Signature** (or Parent/Guardian if under 18)

**Mail to:**  
John Rowlands  
108 Statham's Way  
Warner Robins, GA 31088

**Checks payable to:**  
**Run 2 End Alzheimer's**



**One entry per form (may be photocopied)**