

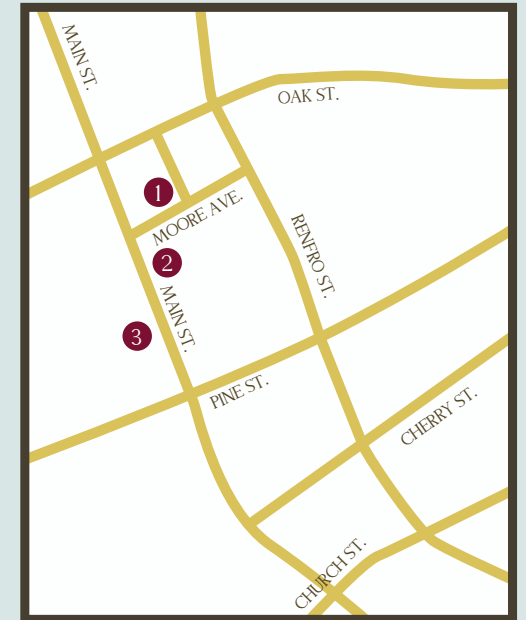
# Navigating the Surry Sonker Trail

# Surry Sonker Trail

- 1 Anchored Sweet Treats & Savory Eats  
139 Moore Ave., Mount Airy, NC 27030  
(336) 705-3449  
[www.AnchoredBakeryMtAiry.com](http://www.AnchoredBakeryMtAiry.com)
- 2 Twilight Farm Shoppe  
192 N. Main St., Suite 400, Mount Airy, NC 27030  
(704) 301-4247  
[www.TwilightFarmShoppe.com](http://www.TwilightFarmShoppe.com)
- 3 Miss Angel's Heavenly Pies  
153 N. Main St., Mount Airy, NC 27030  
(336) 786-1537  
[www.MissAngelsHeavenlyPiesInc.com](http://www.MissAngelsHeavenlyPiesInc.com)
- 4 The Tilted Ladder  
105-A W. Main St., Pilot Mountain, NC 27041  
(336) 444-4194  
[www.TheTiltedLadder.com](http://www.TheTiltedLadder.com)
- 5 Rockford General Store  
5174 Rockford Rd., Dobson, NC 27017  
(336) 374-5317  
[www.RockfordGeneralStore.com](http://www.RockfordGeneralStore.com)
- 6 Southern on Main  
102 E. Main St., Elkin, NC 28621  
(336) 258-2144  
[www.SouthernOnMain.com](http://www.SouthernOnMain.com)
- 7 Harvest Grill at Shelton Vineyard  
230 Cabernet Ln., Dobson, NC 27017  
(336) 366-3590  
[www.SheltonVineyards.com](http://www.SheltonVineyards.com)



## Mount Airy Map



(800) 948-0949 [www.SonkerTrail.org](http://www.SonkerTrail.org)



# Surry Sonker Trail



The Surry Sonker Trail was created by the Tourism Partnership of Surry County in 2015 to highlight a popular heritage food passed down through the generations in Surry County, NC.

# Surry Sonker Trail



Celebrating a one-of-a-kind dessert found in Surry County, NC

## An Overview of Sonker...

Nobody knows exactly how sonker got started, but it has been a staple for generations in Surry County, NC.

The common belief is people made sonker as a way to stretch usage of their fruit in tough times, or as a way to utilize fruit that was toward the end of its ripeness.

Sonker is similar to a pot pie or a cobbler. It comes about by blending fruit and unshaped dough, often sweetened with sugar or sorghum cane molasses.

It often includes a dip (glaze) made of cream, sugar or molasses, and a few drops of vanilla extract. This is usually poured over the sonker in the dish.

The crusts vary. Some recipes call for a pie-like crust, while others call for a bread-crumbs topping. Sometimes sonker is made in a pot on the stove, with a crust that is more akin to dumplings.

## Finding the Sonker Trail

The trail is located in Surry County in the heart of North Carolina's Yadkin Valley wine region. See inside for a detailed map.



## Sonker Festival and Lodging

The Sonker Festival takes place the first Saturday in October at the Edwards-Franklin House west of Mount Airy. The festival began in 1980 and is presented by the Surry County Historical Society. More information is available at: [www.SonkerTrail.org](http://www.SonkerTrail.org). Details about lodging during the Sonker Festival, or at any point during the year, are available at: [www.YadkinValleyNC.com](http://www.YadkinValleyNC.com)



[www.YadkinValleyNC.com](http://www.YadkinValleyNC.com)

This brochure was created in September of 2024, with content current at that time. To see if changes have occurred since then, please visit the website: [www.SonkerTrail.org](http://www.SonkerTrail.org)

[www.SonkerTrail.org](http://www.SonkerTrail.org)  
(800) 948-0949

## Types of Sonker

Sonker tends to vary by season because the dish is made from fruit. Below are the most common types of sonker available seasonally, but don't be surprised if you stumble upon a unique creation like savory sonker or wine-infused sonker.

- |            |                    |
|------------|--------------------|
| Apple      | Peach              |
| Blackberry | Pear               |
| Blueberry  | Raspberry          |
| Cherry     | Strawberry Rhubarb |
| Grape      | Sweet Potato       |