
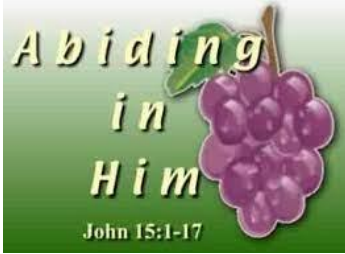


SHJ = Sacred Heart of Jesus, 152A Fraser Drive, Batawa
 SFA = St Francis of Assisi, 300 Riverside Parkway, Frankford
 SJM = St James the Minor, 236 Edward Street, Stirling

Easter Season (4)				
Date <i>April</i>	Place	Time	Liturgy	Intention/Donor
SAT 27	SHJ	5pm		Elisabeth Marter [RIP] <i>Mary-Kim Marrin</i>
SUN 28	SJM	9am		Ed Vanattan[RIP] <i>Jo Vanattan</i>
	SFA	11am		Needs and Intentions of Our Parish Family
TUE 30	SFA	9am	St. Marie de L'Incarnation	Most Neglected Souls in Purgatory <i>Jules Hubert</i>
MAY WED 01	SFA	9am	St. Joseph the Worker Exposition & Benediction	Barbara Bly [Int] <i>Veronica Hendrick</i>
	SJM	3:30pm	LW&C	
THR 02	SFA	9am	St. Athanasius	Our Blessed Mother Mary [Int] <i>Gisele Saint-Jacques</i>
FRI 03	SJM	9:15am	LW&C	
SAT 04	SHJ	5pm		Etienne Rheault [RIP] <i>Ladies of Sacred Heart</i>
SUN 05	SJM	9am		Terry Cassidy [RIP] <i>Joanne Belanger</i>
	SFA	11am		Needs and Intentions of Our Parish Family

Lay Ministers

Date	Sacred Heart	St. James
Sat, Apr 27 Sun, Apr 28	Lector – R. Lefort	Lector – S. Kostya Usher – B. Kerby
Date	Sacred Heart	St. James
Sat, May 04 Sun, May 05	Lector – T. O'Shea	Lector – D. Kerby Usher – M. Kerby

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The Easter Egg holds significant symbolic meaning in Christianity, as related to the resurrection of Jesus Christ celebrated during 50-day season of Easter. According to Christian tradition, the egg represents the sealed tomb of Jesus Christ, and cracking the egg symbolizes His resurrection from the dead. This idea of new life emerging from the egg connects to the broader themes of rebirth and renewal, which are central to the Easter celebration. Furthermore, the practice of decorating eggs during Easter, known as Paschal eggs, dates back to early Christians of Mesopotamia and has since become a widespread tradition among Christians worldwide. The decorations often are colorful and elaborate, symbolizing the joy and beauty of new life and the miracle of resurrection.

Fifth Sunday of Easter: “Where do they get their energy!” Maybe you have said that about your children as they run around the yard while trying to wrangle them inside for bedtime. Jokes abound about how sugar and caffeine are what keep most adults going, but we know that it is proper nutrition, exercise, and rest which enable us to do well. That speaks to our physical needs. What about our spiritual needs? Bishop Barron, writing on the Gospel, says, “Jesus declares that he is the vine and we are the branches. He is the power and energy source in which we live.” (Word on Fire Bible, 548) Just as we see the effects of sugar and caffeine on the human body, we see the supernatural effects of Jesus’ love on the human spirit. As He nurtures us with His perfect love which then flows into us who are grafted onto Him, it changes metaphysically. It transforms us and turns us away from sin and toward God. We fill up on that spiritual fuel in the sacramental life of the Church and become a witness to it in how we go about our days – loving one another. “Children, let us love not in word or speech but in deed and truth.” These words from St John in our second reading provide the perfect bridge between the ministry of St Paul, about whom we heard in the first reading, and Christ’s message in the Gospel. With Jesus as “the power and energy source in which we live,” we not only can profess the truth, but live it. We not only give our own account of Christ working in us, as St Paul did, who came to them speaking out “boldly in the name of the Lord,” but we stand beside one another, as Barnabas did, vouching for Paul to the Apostles. We are united in baptism, in love, in profession of faith, and in communion with one another. When we consistently act in a Christian manner toward others and keep God’s commandments, John says, we “remain in him, and he in [us], and the way we know that he remains in us is from the Spirit he gave us.” In other words, those who remain in Christ “will bear much fruit” – a tangible sign that easily answers the question, “where does he/she get her energy?” Is there anything in your life which is an obstacle to Jesus being the power and energy source in which you live? Are your days fueled more by anger, frustration, or ambition than his love? Pray this week in thanksgiving to God for where he has given you conversion of heart, and ask him for the grace to see where improvement is needed and the will to make it happen.

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Sunday, May 26th at 5pm
in Loogman Hall, St. James Church, 236 Edward St. Stirling
Parish Fundraising Dinner



Roast beef, potatoes, vegetables, rolls & dessert

Tickets will be available at each Mass for the next few weeks or contact the parish office or Deacon Andy: 613-395-9415

Join us and invite your family and friends!

Adults \$25 7-12yrs \$10 Under 6yrs - no chg
(No alcohol permitted)

We look forward to seeing you on Sunday, May the 26th!

St. Francis of Assisi Parish phone: 613-398-6745; email: stfrancisofassisi@archkingston.ca

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The Ladies of Sacred Heart

The Ladies of Sacred Heart are celebrating the Mass Liturgy for our Ladies and Mothers on Wednesday May 1st, 2024 at 6.45 pm. All are welcome to attend. At 6.30 pm, we will crown our garden Mary of Notre Dame. Deacon Andrew Kemp will be officiating. Light refreshments will follow.

Spring Bake Sale

The Ladies of Sacred Heart are having a Spring Bake Sale. Ordering begins May 1st at 9.00 am. Curbside pick up: Saturday May 11, 2024, 9.00 am – 12 noon. Order on-line at www.ladiesofsacredheart.com.

Steak Night Fundraiser

The Ladies of Sacred Heart invite you to join them for a sizzling Strip Loin Dinner cooked just the way you like it, complete with sides and dessert for only \$25.00 on Saturday June 22nd, 2024 at 5.45 pm. Children can enjoy a hamburger meal for only \$10.00. For tickets contact ladiesofsacredheart@gmail.com

The Society of St. Vincent de Paul - Fundraising Dinner

The Society of St. Vincent de Paul Thrift Store is holding a roast beef, fundraising buffet dinner at The Dugout in Belleville, (514, Dundas Street East) on Sunday June 9, 2024 commencing at 5.30 pm (dinner served at 6.00 pm). There will be a Silent Auction and a free will offering dessert table. Tickets are \$35.00 and can be purchased at the store or by contacting the Board President – Joanne Belanger – at 613-921-0560. All proceeds will go to the store operational expenses. Join us for a tasty meal and an evening of fun – all for a great cause in our community!

Knights of Columbus

The Knights of Columbus hold their General Meetings on the 3rd Thursday of each month in the Parish Rectory at 7.00 pm. New members are always welcome to attend.