
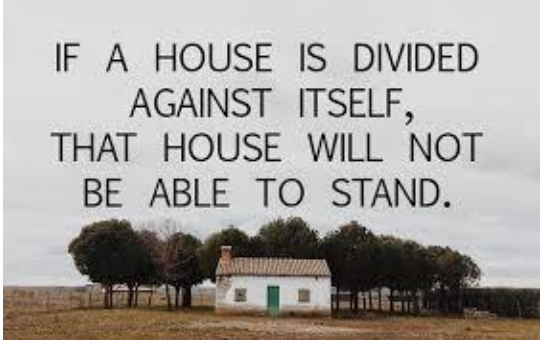


SHJ = Sacred Heart of Jesus, 152A Fraser Drive, Batawa
 SFA = St Francis of Assisi, 300 Riverside Parkway, Frankford
 SJM = St James the Minor, 236 Edward Street, Stirling

Nineth Week in Ordinary Time (1)				
Date June	Place	Time	Liturgy	Intention/Donor
SAT 01	SHJ	5pm	<p align="center">The Most Holy Body & Blood of Christ</p> 	Needs and Intentions of Our Parish Family
SUN 02	SJM	9am		Rob Farrow [RIP] <i>Jo Vanattan</i>
	SFA	11am + Procession Incense used		Fr. Paul Finn [Int] <i>Kateri Bamford</i>
TUE 04	SFA	9am	For Giving Thanks to God (1312)	Emily Younnes [Int] <i>Veronica Hendrick</i>
WED 05	SFA	9am	St. Boniface (no Exposition/Benediction)	Our Blessed Mother Mary [Int] <i>Gisele Saint-Jacques</i>
	SJM	3:30pm	LW&C	
THR 06	SFA	9am	Eternal High Priest (1321)	Jim Mosco [RIP] <i>Mosco Family</i>
FRI 07	SJM	9:15am	LW&C	
	SFA	11:30am Incense used	Sacred Heart of Jesus	John Boyerchuck [Int] <i>Veronica Hendrick</i>
SAT 08	SFA	11:30am Incense used	Immaculate Heart BVM	Fr. Don and Parish [Int] <i>Weekday Parishioners</i>
	SHJ	5pm	<p align="center">Tenth Sunday in Ordinary Time</p> <p align="center">IF A HOUSE IS DIVIDED AGAINST ITSELF, THAT HOUSE WILL NOT BE ABLE TO STAND.</p> 	Jean Francois Hubert [RIP] <i>MaryAnne Smith</i>
SUN 09	SJM	9am		
	SFA	11am		Nancy Sylvester [RIP] <i>Diana Mosco</i>

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Lay Ministers

Date	Sacred Heart	St. James
Sat, Jun 01 Sun, Jun 02	Lector – T. O’Shea	Lector – C. Carswell-Towns Usher – B. Kerby
Date	Sacred Heart	St. James
Sat, Jun 08 Sun, Jun 09	Lector – A. Bourgeois	Lector – A. Kostya Usher – J. Forestell

Today is an opportunity to reflect on and celebrate the mystery of the Holy Trinity: One God, two natures (Jesus is fully human and fully divine), and three divine persons. Whenever I think about this feast, I am reminded of some wise words which I heard once from a professor, although I am paraphrasing: It’s not necessary to try to describe in theological terms what God is, for no matter what we say it will be inadequate to the reality of the ultimate grandeur of God. What is important, and what affects people day to day, is talking about *who* God is, and *how* God is. And so this Trinity Sunday is a day to reiterate that which is most fundamental to our understanding and belief: *God is love*. Not just God is loving, or God loves, but *God is love itself*. He is a continual outpouring of selfless love – *agape* is the Greek word – which brought forth creation, and all creatures to share in it. It is a communion of love by which and for which we were created; we are meant to emulate and live that same relational communion of love with one another. As human beings, we simply do not *have* the ability to live our baptismal call perfectly – to love one another as God loves us. What we do have is our Triune God who gives us the grace to strive for perfection as in Christ, but who, in the end, is the One Who perfects us in Him. “[We] must keep His statutes and commandments,” Moses has said. And Paul gives us hope in doing so as he tells us that “The Spirit Himself bears witness with our spirit that we are children of God.” The Lord is here with us, helping us and advocating for us. And in our mission of discipleship, we have the promise from Jesus, “Behold, I am with you always, until the end of the age.” We give thanks and praise to the Father, Son, and Holy Spirit for all these gifts and so much more. All Christian prayer is Trinitarian in nature: we pray to the Father, through the Son, in/by the power of the Spirit. Some prayers are very specifically written to include the Trinity/Godhead by name. The most recognizable one is this doxology, or the Glory Be: *Glory Be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end.* Add it to your daily prayers.

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The Society of St. Vincent de Paul

The Society of St. Vincent de Paul Thrift Store is holding a roast beef fundraising buffet dinner at The Dugout in Belleville (514, Dundas Street East) on **Sunday June 9th, 2024** commencing at 5.30 pm (dinner will be served at 6.00 pm). There will be a Silent Auction and a free will offering dessert table. Tickets are \$35 and can be purchased at the store or by contacting the Board President, Joanne Belanger at 613-921-0560. All proceeds will go to the store operational expenses. Join us for a tasty meal and an evening of fun, all for a great cause in our community!

The Ladies of Sacred Heart

Steak Night Fundraiser **Saturday June 22nd, 2024** at 5.45 pm. Join us for a sizzling Strip Loin Dinner cooked just the way you like it, complete with sides and dessert for only \$25. Children can enjoy a hamburger meal for only \$10. For tickets, please contact ladiesofsacredheart@gmail.com

The Knights of Columbus Parish Picnic

The Knights of Columbus invite you to their Annual Parish Picnic on **Sunday June 30th, 2024** from 12 noon until 3.00 pm at the Frankford Tourist Pavillion. Please bring a dish to share with others. The Knights will have hamburgers and hot dogs with all the fixings and drinks. We hope to see you there!

The Knights of Columbus have their General Meeting on the 3rd Thursday of each month in the Parish rectory at 7.00 pm. New members are always welcome to attend.