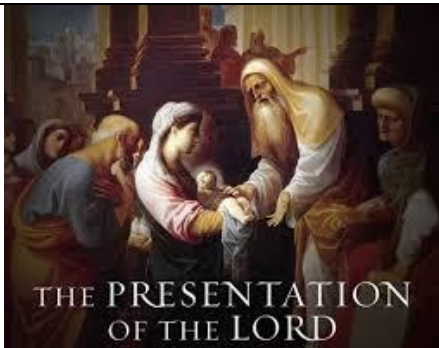
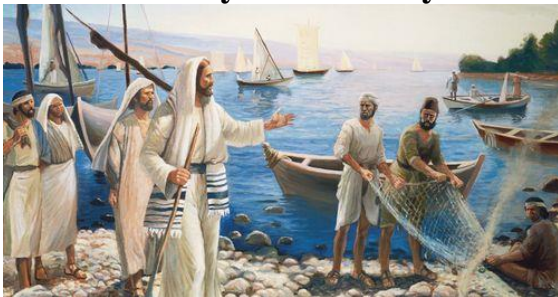


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 SFA = St Francis of Assisi, 300 Riverside Parkway, Frankford
 SJM = St James the Minor, 236 Edward Street, Stirling

Fourth Week in Ordinary Time (1)

Date February	Place	Time	Liturgy	Intention/Donor
SAT 01	SHJ	4:30pm	 <p>THE PRESENTATION OF THE LORD</p>	Needs and Intentions of Our Parish Family
SUN 02	SJM	9am		Jack Dinis [RIP] <i>Victor Dinis</i>
	SFA	11am		Most Neglected Souls in Purgatory <i>Jules Hubert</i>
TUE 04	SFA	9am	Forgiveness of Sins	Most Neglected Souls in Purgatory <i>Jules Hubert</i>
WED 05	SFA	9am	St. Agatha /Exposition/Benediction & Confessions	Charlene Jordison [RIP] <i>Diana Mosco</i>
	SJM	3:30pm	LW&C	
THR 06	SFA	11:30am	SS Miki & Companions	Most Neglected Souls in Purgatory <i>Jules Hubert</i>
FRI 07	SJM	9:15am	LW&C	
SAT 08	SHJ	4:30pm		Needs and Intentions of Our Parish Family
SUN 09	SJM	9am		Jack Dinis [RIP] <i>Victor Dinis</i>
	SFA	11am		Luciano Oliveira [Int] <i>Lori Marceau</i>

Lay Ministers

Date	Sacred Heart	St. James
Sat, Feb 01	Lector – K. Foster	Lector – N. Forestell
Sun, Feb 02		Usher – B. Kerby
Date	Sacred Heart	St. James
Sat, Feb 08	Lector – R. LeFort	Lector – A. Kostya
Sun, Feb 09		Usher – J. Forestell

Feast of the Presentation of the Lord

Mary and Joseph bring their 40-day-old infant Jesus to the temple in order to fulfill the Mosaic law. There they are met by Simeon and Anna, the faithful prophets who have spent their lives waiting for the coming of the King of Glory. These many years of waiting were like the “refiner’s fire” which the prophet Malachi describes in the first reading. Refined like gold by prayer and fasting, Simeon and Anna are prepared to meet their Lord. And in this moment, It is here that the Old and New Testaments meet and the fulfillment of the Old is foreseen. Imagine the splendor of the moment when when they finally laid their eyes on this King of Light and Glory – the culmination of a lifetime of hope, prayer, and preparation. Overcome with peace and joy at seeing his Lord, Simeon declares, “Now, Master, you may let your servant go in peace,” for he had seen the glory of God. Have you ever marveled at the beauty of a shiny, gold ring? Gold has long been regarded as one of earth’s greatest treasures, yet the gold which we admire today doesn’t emerge in its pure, radiant form. To produce such beauty, gold must first undergo a process of intense refinement. A crude material is exposed to extreme heat to be melted and purified – until something of profound value emerges. Like gold, we, too, must be forged in fire to be made pure and holy. This is one way by which we can understand the prophet Malachi’s words. The “fires” which we experience in our lives are not without purpose – God is purifying us so that one day we might live with Him in eternity. He isn’t afraid of our “crude material”; rather, He gazes upon us with such intense love that our own beauty is revealed. As we undergo personal purification, let us stand in holy confidence like Simeon and Anna, witnessing to the truth that it is through the refiner's fire that we are brought to glory. We can become discouraged, feeling that our prayers are unanswered or that a life devoted to Christ is too difficult. When these moments arise, consider the prophets Simeon and Anna, who gave their lives in quiet devotion, trusting in God’s promises. Pray Simeon’s canticle, meditating on the glorious gift which we have been given in our salvation, and the promise that even in the darkest of days a bright and shining light awaits us.

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**Newest Member of
the Catholic
Church and Parish
of St Francis of
Assisi:**

A very warm welcome to our newest member of the Catholic Church, Mia Paysan, who was baptised on Saturday, 18th January, 2025.

Pictured with Mia are her mother, two Godparents, and Fr Don.

Mia, may you always walk with Jesus
and keep him close to your heart.

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FORMED

We would like to share the joyous news with you, that our Parish now has a subscription to **FORMED**, a premier, online platform filled with over 4.000 Catholic Studies, movies, audio dramas, talks, e-books and even cartoons for our children. This material is **free** to you. You can enjoy **FORMED** on your computer or on your television with an inexpensive Roku device or Apple TV. You can even listen on your phone as you commute to work or do chores.

To gain access to all of **FORMED**'s content, follow these simple steps:

- Go to <https://signup.formed.org/>
- Enter K0K 2C0 (Parish postal code)
- Enter your name and your email address

That's it! You're in. Now you can get the free FORMED app for your phone searching *FORMED Catholic* in your app store.

Ladies of Sacred Heart

The Ladies are having a "Heat and Eat" Potluck on Saturday February 8th, 2025 after Mass at Sacred Heart of Jesus church. Time: 5.15 pm. Cost: \$15.00 and a pot to share! Proceeds for the heat at Sacred Heart. All are welcome. Come for good food, good company and good conversation. See you there!

Knights of Columbus

The Knights of Columbus have their General Meetings on the 3rd Thursday of each month in the Parish rectory at 7.00 pm. New members are always welcome to attend.