



SHJ = Sacred Heart of Jesus, 152A Fraser Drive, Batawa
 SFA = St Francis of Assisi, 300 Riverside Parkway, Frankford
 SJM = St James the Minor, 236 Edward Street, Stirling

Fifth Week in Ordinary Time (2)

Date February	Place	Time	Liturgy	Intention/Donor
SAT 08	SHJ	4:30pm	 <p>Fifth Sunday in Ordinary Time</p>	Needs and Intentions of Our Parish Family
SUN 09	SJM	9am		Jack Dinis [RIP] Victor Dinis
	SFA	11am		Luciano Oliveira [Int] Lori Marceau
TUE 11	SFA	9am <i>Incense used</i>	Our Lady of Lourdes	Private Intention
WED 12	SFA	9am	Forgiveness of Sins /Exposition/Benediction &Confessions	Most Neglected Souls in Purgatory Jules Hubert
	SJM	3:30pm	LW&C	
FRI 14	SJM	10am	LW&C	
SAT 15	SHJ	4:30pm	Sixth Sunday in Ordinary Time	Lynn Shoniker [RIP] LOSH
SUN 16	SJM	9am	 <p>The Beatitudes Luke 6:20-26</p>	Horrick and Kerby Families [RIP] Brian and Donna Kerby
	SFA	11am		Needs and Intentions of Our Parish Family

Lay Ministers

Date	Sacred Heart	St. James
Sat, Feb 08 Sun, Feb 09	Lector – R. LeFort	Lector – A. Kostya Usher – J. Forestell
Date	Sacred Heart	St. James
Sat, Feb 15 Sun, Feb 16	Lector – T. O’Shea	Lector – D. Kerby Usher – L. Forestell

Fifth Sunday in Ordinary Time

“Woe is me, I am doomed!” “I am the least of the apostles, not fit to be called an apostle.” “Depart from me, Lord, for I am a sinful man.” Do you notice a theme today? Each of these lines – taken from our readings – reveals the humbling reality that when human beings stand before the glorious presence of God, we must confront the Truth by looking at ourselves honestly and in recognizing our sinfulness. We are reminded of the Garden of Eden, when original sin disfigured human nature and Adam and Eve, in realizing their nakedness, hid themselves from God. The story would be tragic if that had been the end. But in today’s readings and in our own lives, the crippling effects of our sin are *not* the end. By becoming aware of our sin – agonizing though this may be – we invite the Lord in. It’s the crack in the door by which He will enter, bringing mercy and freedom found only in Him. Each of today’s readings shows how God’s presence leads us to acknowledge our neediness; however, that’s only “step one.” Notice what happens next in each instance. “Your wickedness is removed, your sin purged.” “But by the grace of God I am what I am, and his grace to me has not been ineffective.” “Jesus said to Simon, ‘Do not be afraid.’” See how, in each example, hearts are transformed from shame and guilt to courage and confidence. The readings explain how as each person is freed, he is compelled to act boldly. So, what changed? The same thing which can happen in our own lives: as we acknowledge our sin, we open ourselves to the flow of grace. We allow the Lord to heal and free us, making us radiant and setting our hearts on fire with love. Choose one virtue which you’d like to cultivate in order to root out a sinful habit. Then make a plan to practice that virtue. It can be as simple as “I will always pray to the Holy Spirit before I talk to that person at work who bothers me.” Make sure your plan is: (1) specific [“I will never sin again” doesn’t count], and (2) doable [“I will pray every day for six hours to grow in patience” is not possible for most people]. Finally, offer your plan to God and ask him for whatever strength, grace, and healing which you need to grow in that virtue.

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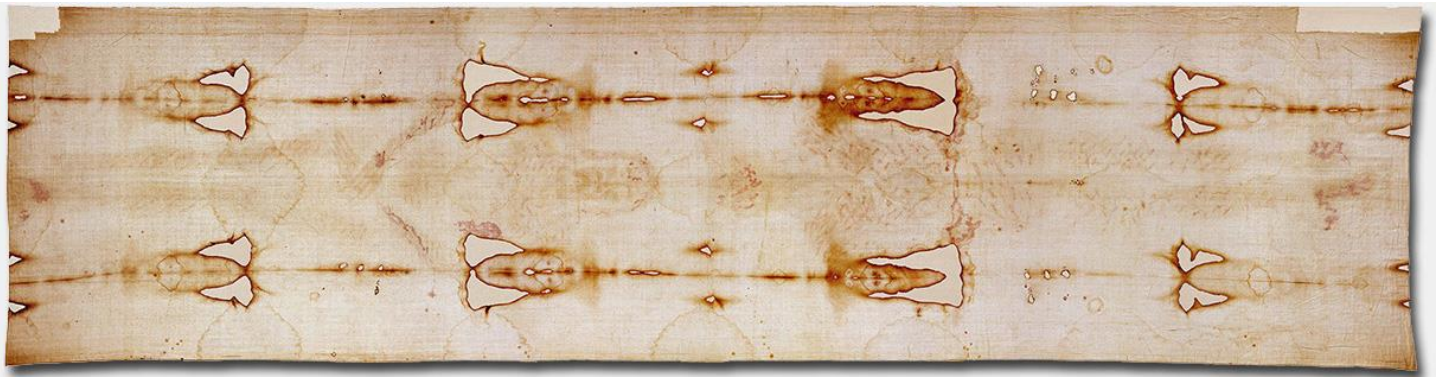
The Shroud of Turin

NEW EVIDENCE

The Shroud of Turin Shows the Exact Moment of Resurrection!

<https://youtu.be/3XfbQH7kK2Y?si=-7TMA4kcLOOs-ry0>

The above link to *YouTube* will be of particular interest to Catholics and may dispel doubts of its authenticity and provenance.



What is the Shroud of Turin?

The Shroud of Turin is a linen cloth bearing the faint image of a man who appears to have been crucified. It is believed by many to be the burial shroud of Jesus Christ. The origins of the Shroud remain a mystery, with its first confirmed historical appearance in the 14th century in Lirey, France. It later came into the possession of the House of Savoy in the 15th century and was eventually moved to Turin, Italy, in 1578, where it remains today. Scientific investigations have produced conflicting results. A 1988 radiocarbon dating test suggested the cloth dates to the Middle Ages (between 1260 and 1390), but critics argue the sample may have been contaminated or taken from a later repair. Other studies, including pollen analysis and textile comparisons, suggest the fabric may be much older. The image itself has not been conclusively explained, with some researchers proposing it was formed by an unknown process related to radiation or natural chemical reactions. The Catholic Church does not formally declare the Shroud to be authentic but allows veneration as a representation of Christ's Passion and Death. It has been publicly displayed only occasionally, attracting millions of pilgrims. Debate over its authenticity continues, making it one of the most studied and controversial relics in history.

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2024 Tax Receipts

These will be available at the weekend at the doors of the church. Please pick yours up on the way in or out. Many thanks!

Knights of Columbus and the St. James CWL

The Knights of Columbus Council 11655 and the St. James CWL, will be hosting a dinner at Hoards Station on Tuesday February 18th, 2025. We are in need of some desserts for the dinner. A pie or a cake would be greatly appreciated. If you can help, please contact Terry O'Shea, 613-398-6341 or Heather Bailey, 613-395-3952.

The Knights of Columbus hold their general meetings on the 3rd Thursday of each month at the Parish rectory at 7.00 pm. New members are always welcome to attend.

Ladies of Sacred Heart

The Ladies are having a "Heat and Eat" Potluck on Saturday February 8th, 2025 after Mass at Sacred Heart of Jesus Church.

Time: 5.15 pm

Cost: \$15.00

And a Pot to Share!

Proceeds to go towards heating costs. All are welcome. Come for good food, good company and good conversation. See you there!